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Originator: CDR USAFRICOM J3 STUTTGART GE

DTG: 061720Z Jun 17 Precedence: R DAC: General

To: JOINT STAFF J4 HSSD WASHINGTON DC, CJTF HOA, CDRUSAFRICA VICENZA IT, COMSOCAFRICA STUTTGART GE, SOCAFRICA STUTTGART GE, SOCAFRICA STUTTGART GE, COMMARFORAF STUTTGART GE, COMUSNAVEUR COMUSNAVAF NAPLES IT, HQ USAFE COMMAND CENTER RAMSTEIN AB GE, HQ USAFE A3 RAMSTEIN AB GE, HQ USAFE RAMSTEIN AB GE, 3 AF RAMSTEIN AB GE, HQ USAFE CC RAMSTEIN AB GE, CDR USEUCOM J4 MD READ DIV-CMD SURG VAIHINGEN GE, COS USCENTCOM MACDILL AFB FL, USCENTCOM COMMAND CENTER MACDILL AFB FL, DCDR USPACOM HONOLULU HI, HQ USSTRATCOM OFFUTT AFB NE, HQ USSTRATCOM OFFUTT AFB NE, HQ USSOUTHCOM J3 MIAMI FL, HQ USSOUTHCOM J3 MIAMI FL, CDR USTRANSCOM SCOTT AFB IL, USNORTHCOM J3 PETERSON AFB CO, USNORTHCOM J3 PETERSON AFB CO, HQ USSOCOM CMD CTR MACDILL AFB FL, CDR USSTRATCOM OFFUTT AFB NE, CDR USSTRATCOM OFFUTT AFB NE, CDR USSOCOM MACDILL AFB FL, HQDA SURG GEN HEALTH CARE OPS WASHINGTON DC, HQ FORSCOM G3 CURR OPS FT BRAGG NC, COMUSFLTFORCOM NORFOLK VA, CDR USAFRICOM JOC EA STUTTGART GE

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FM CDR USAFRICOM J3 STUTTGART GE

TO RUEKJCS/JOINT STAFF J4 HSSD WASHINGTON DC

RUIPAAA/CJTF HOA

RUIPAAA/CDRUSAFRICA VICENZA IT

RUIPAAA/COMSOCAFRICA STUTTGART GE

RUZESOC/SOCAFRICA STUTTGART GE

RUIPAAA/SOCAFRICA STUTTGART GE

RUIJAAA/COMMARFORAF STUTTGART GE

RUIOIAAA/COMUSNAVEUR COMUSNAVAF NAPLES IT

RUIPAAA/HQ USAFE COMMAND CENTER RAMSTEIN AB GE

RUIPAAA/HQ USAFE A3 RAMSTEIN AB GE

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RUIPAAA/HQ USSTRATCOM OFFUTT AFB NE

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RUIFAAA/USNORTHCOM J3 PETERSON AFB CO  
RUIEAAA/HQ USSOCOM CMD CTR MACDILL AFB FL  
RUIPAAA/CDR USSTRATCOM OFFUTT AFB NE  
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MSGID/GENADMIN/MIL-STD-6040 (SERIES)/B.0.01.10/AFRICOM  
J3/-/JUN/-/-/USA/UNCLASSIFIED/-//

SUBJ/(U) USAFRICOM FORCE HEALTH PROTECTION ADVISORY FOR ALL  
PERSONNEL TRAVELING TO ZIKA VIRUS ACTIVE TRANSMISSION LOCATIONS  
(MODIFICATION 1)//

REF/A/USAFRICOM/27JAN17/UNITED STATES AFRICA COMMAND INSTRUCTION  
4200.09, FORCE HEALTH PROTECTION REQUIREMENTS AND MEDICAL GUIDANCE  
FOR ENTRY INTO THE U.S. AFRICA COMMAND THEATER//

REF/B/ASDHA/05FEB16/ZIKA VIRUS INFORMATION FOR DOD MEDICAL  
PERSONNEL//

REF/C/AFPMB/06NOV15/ARMED FORCES PEST MANAGEMENT BOARD TECHNICAL  
GUIDE NUMBER 36, PERSONAL PROTECTIVE MEASURES AGAINST INSECTS AND  
OTHER ARTHROPODS OF MILITARY SIGNIFICANCE//

REF/D/AFHSB/DETECTING AND REPORTING DOD CASES OF ZIKA VIRUS DISEASE  
AND ZIKA VIRUS CONGENITAL INFECTION GUIDANCE AS OF 21 SEP  
2016/21SEP2016//

REF/E/CDC/10MAR17/ZIKA TRAVEL INFORMATION//

REF/F/USAFRICOM/18MAR16/AMHS MESSAGE DTG 180200ZMar16 USAFRICOM  
FORCE

HEALTH PROTECTION ADVISORY FOR ALL PERSONNEL TRAVELLING TO ZIKA  
VIRUS

TRANSMISSION LOCATIONS//

POC/LT COL PETER MATTHEWS/J004/USAFRICOM/KELLEY BARRACKS/DSN:

314-421-4777/SMAIL: [PETER.E.MATTHEWS.MIL@MAIL.SMIL.MIL](mailto:PETER.E.MATTHEWS.MIL@MAIL.SMIL.MIL)//

AKNLDG/NO/-//

GENTEXT/NOTIFICATION//

1. (U) THIS MESSAGE IS FOR ALL USAFRICOM PERSONNEL, COMPONENTS/TASK  
FORCE, AND SUPPORTING UNITS.//

2. (U) THE CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) HAS ASSIGNED ALERT LEVEL 2 "PRACTICE ENHANCED PRECAUTIONS" STATUS AND ISSUED TRAVEL NOTICES RELATING TO THE ZIKA VIRUS FOR NUMEROUS COUNTRIES AND TERRITORIES, INCLUDING MEXICO, CENTRAL AMERICA, SOUTH AMERICA, THE CARRIBEAN, THE PACIFIC ISLANDS (SAMOA), AND AFRICA, AT [WWW.CDC.GOV/TRAVEL/NOTICES](http://WWW.CDC.GOV/TRAVEL/NOTICES)./

2.A. (U) WITHIN THE USAFRICOM AREA OF RESPONSIBILITY (AOR), CABO VERDE, GUINEA-BISSAU, AND ANGOLA HAVE KNOWN ACTIVE ZIKA TRANSMISSION, AND THE CDC HAS ISSUED TRAVEL NOTICES FOR THESE LOCATIONS.

2.B. (U) WITHIN THE USAFRICOM AOR, THE CDC ASSESSES THE FOLLOWING COUNTRIES AS HAVING RISK OF ZIKA TRANSMISSION, BUT HAS NOT ISSUED A CDC TRAVEL NOTICE: BENIN, BURKINA-FASO, BURUNDI, CAMEROON, CENTRAL AFRICAN REPUBLIC, CHAD, CONGO (CONGO-BRAZZAVILLE), COTE D'IVOIRE, DEMOCRATIC REPUBLIC OF THE CONGO (CONGO-KINSHASA), EQUATORIAL GUINEA, GABON, THE GAMBIA, GHANA, GUINEA, KENYA, LIBERIA, MALI, NIGER, NIGERIA, RWANDA, SENEGAL, SIERRA LEONE, SOUTH SUDAN, SUDAN, TANZANIA, TOGO, UGANDA.

3. (U) BACKGROUND: ZIKA VIRUS IS PRIMARILY SPREAD BY THE BITE OF AN INFECTED AEDES MOSQUITO. AEDES MOSQUITOES CAN ALSO TRANSMIT YELLOW FEVER, DENGUE, AND CHIKUNGUNYA VIRUSES. THE ZIKA VIRUS HAS ALSO BEEN REPORTED TO HAVE BEEN TRANSMITTED FROM MOTHER TO CHILD DURING PREGNANCY OR AROUND THE TIME OF BIRTH, THROUGH SEXUAL INTERCOURSE, AND BY BLOOD TRANSFUSION. PUBLICATIONS DETAILING THE THREAT CAN FOUND AT: [WWW.CDC.GOV/ZIKA](http://WWW.CDC.GOV/ZIKA)./

4. (U) DISEASE CHARACTERISTICS INCLUDE THE FOLLOWING://

4.A. (U) THE ZIKA VIRUS MAY CAUSE SERIOUS BIRTH DEFECTS IN UNBORN CHILDREN OF WOMEN INFECTED DURING PREGNANCY, BUT THE MOST COMMON ZIKA SYMPTOMS ARE FEVER, RASH, JOINT PAIN, AND CONJUNCTIVITIS.

4.B. (U) OTHER SYMPTOMS INCLUDE MUSCLE PAIN AND HEADACHE>// APPROXIMATELY ONE OUT OF FIVE PEOPLE INFECTED WITH ZIKA BECOMES SICK. THE ILLNESS IS USUALLY MILD WITH SYMPTOMS LASTING FOR SEVERAL DAYS TO A WEEK. PEOPLE USUALLY DO NOT GET SICK ENOUGH TO GO TO THE HOSPITAL, AND THEY VERY RARELY DIE OF ZIKA. THE AMOUNT OF THE TIME THE ZIKA VIRUS PERSISTS IN THE HUMAN BODY (BLOOD, SEMEN, OR OTHER TISSUES/FLUIDS) HAS NOT BEEN ADEQUATELY DETERMINED, BUT ZIKA VIRUS RNA HAS BEEN DETECTED IN SEMEN UP TO 188 DAYS AFTER ONSET OF SYMPTOMS.//

5. (U) PREVENTION: THERE IS NO VACCINE TO PREVENT, OR MEDICINE AVAILABLE TO TREAT ZIKA. THE MOST EFFECTIVE WAY TO PREVENT INFECTION IS TO PRACTICE STRICT MOSQUITO BITE PREVENTIVE MEASURES. PROPER PERSONAL PROTECTIVE MEASURES TO MINIMIZE MOSQUITO BITES CAN BE FOUND

AT REF C.//

5.A. (U) BIRTH DEFECTS. PREGNANT WOMEN SHOULD NOT TRAVEL TO AREAS WHERE THE ZIKA VIRUS IS SPREADING. WOMEN PLANNING TO BECOME PREGNANT SHOULD DISCUSS TRAVEL PLANS TO AREAS WITH ONGOING ZIKA TRANSMISSION WITH THEIR PHYSICIANS.//

5.B. (U) MEN TRAVELING TO AND RETURNING FROM AN AREA WITH ONGOING ZIKA TRANSMISSION SHOULD BE AWARE OF THEIR POTENTIAL TO SPREAD THE DISEASE THROUGH SEXUAL INTERCOURSE (TO INCLUDE VAGINAL, ORAL, OR ANAL). ZIKA VIRUS RNA WAS DETECTED IN SEMEN OF FIVE MEN MORE THAN 90 DAYS AFTER SYMPTOM ONSET, WITH THE LONGEST PERIOD OF REPORTED DETECTION 188 DAYS AFTER SYMPTOM ONSET. AS A RESULT, SPECIAL CONSIDERATION SHOULD BE GIVEN WHEN ENGAGING IN SEXUAL ACTIVITIES, ESPECIALLY WITH WOMEN WHO ARE OF CHILDBEARING AGE. THE CDC HAS DEVELOPED INTERIM GUIDANCE FOR PRECONCEPTION COUNSELING AND PREVENTION OF SEXUAL TRANSMISSION OF ZIKA VIRUS FOR PERSONS WITH POSSIBLE ZIKA VIRUS EXPOSURE, 07 OCT 2016:

[HTTPS://WWW.CDC.GOV/MMWR/VOLUMES/65/WR/MM6539E1.HTM](https://www.cdc.gov/mmwr/volumes/65/wr/mm6539e1.htm). COUPLES IN WHOM THE MAN OR WOMAN HAS HAD POSSIBLE ZIKA VIRUS EXPOSURE WHO WANT TO MAXIMALLY REDUCE THEIR RISK FOR SEXUALLY TRANSMITTING ZIKA VIRUS TO THE UNINFECTED PARTNER SHOULD USE CONDOMS CONSISTENTLY AND CORRECTLY OR ABSTAIN FROM SEX FOR AT LEAST 6 MONTHS FOR MEN OR 8 WEEKS FOR WOMEN AFTER SYMPTOM ONSET (IF SYMPTOMATIC) OR LAST POSSIBLE ZIKA VIRUS EXPOSURE (IF ASYMPTOMATIC). ALL TRAVELERS SHOULD BE AWARE OF THE RISKS AND MAKE PLANS TO PROTECT THEMSELVES WHEN TRAVELING TO AFFECTED AREAS. UP TO DATE INFORMATION REGARDING LOCATIONS WITH ZIKA VIRUS TRANSMISSION CAN BE FOUND AT: [WWW.CDC.GOV/ZIKA/GEO/INDEX.HTML](http://www.cdc.gov/zika/geo/index.html). ALL CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) INFORMATION CAN BE FOUND AT [WWW.CDC.GOV/ZIKA.//](http://www.cdc.gov/zika/)

6. (U) TRAVEL WITHIN THE AFRICOM AOR.//

6.A. (U) A MEDICALLY PERFORMED PREGNANCY TEST IS REQUIRED WITHIN 15 DAYS OF TRAVEL FOR ALL ACTIVE DUTY AND GUARD/RESERVE FEMALE PERSONNEL

SEEKING ENTRY INTO THE USAFRICOM AOR FOR MORE THAN 30 DAYS.//

6.B. (U) FEMALE PERSONNEL WITH A DOCUMENTED HISTORY OF HYSTERECTOMY

ARE EXEMPT FROM THE PREGNANCY TEST.//

6.C. (U) PREGNANT PERSONNEL WILL NOT DEPLOY OR PCS TO THE AFRICOM AOR; THIS WILL NOT BE WAIVED.//

6.D. (U) PREGNANT PERSONNEL REQUESTING TDY/TAD OR LEAVE OF ANY DURATION MUST REQUEST A MEDICAL WAIVER.//

7. (U) TRAVEL WITHIN AREAS UNDER THE AUTHORITY OF OTHER GEOGRAPHIC COMBATANT COMMANDS.//

7.A. (U) USAFRICOM PERSONNEL, TO INCLUDE COMPONENTS/TASK FORCES,

TRAVELING TO LOCATIONS WITH KNOWN ZIKA VIRUS TRANSMISSION, WILL ADHERE TO THE RESPECTIVE COMBATANT COMMAND'S SPECIFIC REQUIREMENTS WHERE ZIKA VIRUS TRANSMISSION IS OCCURRING.//

7.B. (U) AT THIS TIME, OTHER GEOGRAPHIC COMBATANT COMMANDS WITH RISK OF ZIKA TRANSMISSION INCLUDE USNORTHCOM, USSOUTHCOM, AND USPACOM.//

8. (U) DETECTING AND REPORTING OF CASES.//

8.A. (U) PERSONNEL WHO HAVE TRAVELED TO AN AREA WITH ONGOING ZIKA TRANSMISSION AND SUSPECT THEY MAY HAVE BEEN INFECTED WITH ZIKA VIRUS SHOULD SEEK MEDICAL CARE AND INFORM THEIR HEALTHCARE PROVIDER OF THEIR TRAVEL HISTORY.//

8.B. (U) THE ARMED FORCES HEALTH SURVEILLANCE BRANCH ISSUED GUIDANCE FOR DETECTING AND REPORTING DOD CASES OF ACUTE ZIKA VIRUS DISEASE, 21 SEP 2016 (REF D):

<https://health.mil/Reference-Center/Reports/2016/09/21/Zika-in-the-Americas-Sep-21-2016.//>

9. (U) COMMANDERS WILL ENSURE SERVICE MEMBERS AND DOD CIVILIANS TRAVELING TO ZIKA-AFFECTED AREAS, WHETHER ON DUTY OR IN A LEAVE STATUS, ARE AWARE OF THESE TRAVEL NOTICES AND ARE COMPLIANT WITH ALL FORCE HEALTH PROTECTION RECOMMENDATIONS. COMMANDERS WILL ADVISE SERVICE MEMBERS AND DOD CIVILIANS TO MAKE THEIR DEPENDENTS AWARE OF THE CDC TRAVEL ADVISORIES.//

10. (U) POINTS OF CONTACT.//

10.A. (U) USAFRICOM J004 (OFFICE OF THE COMMAND SURGEON). LT COL PETER MATTHEWS, J004 INFECTIOUS DISEASE PHYSICIAN, DSN 314-421-4777, COMM +49 (0) 711-729-4777, SIPR EMAIL:

[PETER.E.MATTHEWS.MIL@MAIL.SMIL.MIL](mailto:PETER.E.MATTHEWS.MIL@MAIL.SMIL.MIL), NIPR EMAIL:

[PETER.E.MATTHEWS.MIL@MAIL.MIL](mailto:PETER.E.MATTHEWS.MIL@MAIL.MIL), OR THE USAFRICOM FORCE HEALTH PROTECTION ORGANIZATION MAILBOX AT

[AFRICOM.STUTTGART.ACSG.MBX.J004-FORCE-HEALTH-PROTECTION@MAIL.MIL.//](mailto:AFRICOM.STUTTGART.ACSG.MBX.J004-FORCE-HEALTH-PROTECTION@MAIL.MIL.//)

10.B. (U) USAFRICOM 24-HOUR CONTACT. USAFRICOM JOINT OPERATIONS CENTER (JOC), AFRICOM JOC OPERATIONS OFFICER, DSN 314-432-3909, COM 0711-680-3909, SIPR EMAIL:

[AFRICOM.STUTTGART.ACJ3.MBX.JOC-OPERATIONS-OFFICER@MAIL.SMIL.MIL.//](mailto:AFRICOM.STUTTGART.ACJ3.MBX.JOC-OPERATIONS-OFFICER@MAIL.SMIL.MIL.//)

10.C. (U) THIS GENADMIN APPROVED FOR RELEASE BY COL GEORGE N. APPENZELLER, USAFRICOM COMMAND SURGEON, J004.//

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